

**ABSTRACT OF THE DISCLOSURE**

A circuit and method are disclosed for controlling current dissipated by an oscillator circuit. The circuit includes a current source adapted to source current to or  
5 sink current from the oscillator circuit. A control circuit is adapted to count a predetermined period of time following the occurrence of an event, such as completion of a power-up operation. An output of the control circuit, having a value indicative of whether the predetermined period of time has  
10 elapsed, is coupled to a control input of the current source. In this way, the output of the control circuit sets a current level sourced to or sunk from the oscillator circuit by the current source.